

St George's Central CE Primary School and Nursery

Subject Overview for PSHE 2025-2026

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
N	<p>PSED is embedded within daily interactions to support the development of self-regulation, managing self and building relationships. We follow the needs of the children to plan relevant and 'in the moment' circle times to also support this. We have regular well being sessions in our Well Being room.</p>					
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Y1/2	<p>What makes a good friend?</p> <p>Christian Value: Friendship</p>	<p>How can we make sure everyone is treated equally?</p> <p>Christian Value: Justice</p>	<p>What helps us stay healthy?</p> <p>Christian Value: Friendship</p>	<p>What can we do with money?</p> <p>Christian Value: Forgiveness</p>	<p>Who helps keep us safe?</p> <p>Christian Value: Trust</p>	<p>How do we recognise our feelings?</p> <p>Christian Value: Hope</p>
Y3/4	<p>Why should we eat well and look after our teeth?</p> <p>Christian Value: Hope</p>	<p>What keeps us safe?</p> <p>Christian Value: Trust</p>	<p>What are families like?</p> <p>Christian Value: Friendship</p>	<p>How can our choices make a difference to others and the environment?</p> <p>Christian Value: Forgiveness</p>	<p>Why should we keep active and sleep well?</p> <p>Christian Value: Endurance</p>	<p>How will we grow and change?</p> <p>Christian Value: Compassion</p>
Y5/6	<p>How can we keep healthy as we grow? How do we change as we grow?</p> <p>Christian Value: Compassion</p>	<p>What decisions can people make with money?</p> <p>Christian Value: Hope</p>	<p>How can we help in an accident or emergency?</p> <p>Christian Value: Friendship</p>		<p>How can drugs common to everyday life affect health?</p> <p>Christian Value: Trust</p>	<p>What will change as we become independent?</p> <p>Christian Value: Endurance</p>

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Y1/2	<p>What is the same and different about us?</p> <p>Christian Value: Trust</p>	<p>Who is special to us?</p> <p>Christian Value: Compassion</p>	<p>What helps us stay safe?</p> <p>Christian Value: Forgiveness</p>	<p>What jobs do people do?</p> <p>Christian Value: Friendship</p>	<p>What helps us grow and stay healthy?</p> <p>Christian Value: Endurance</p>	<p>How can we look after each other and the world?</p> <p>Christian Value: Hope</p>
Y3/4	<p>How can we be a good friend?</p> <p>Christian Value: Friendship</p>	<p>How do we treat each other with respect?</p> <p>Christian Value: Compassion</p>	<p>What makes a community?</p> <p>Christian Value: Hope</p>	<p>How can we manage our feelings?</p> <p>Christian Value: Forgiveness</p>	<p>What strengths, skills and interests do we have?</p> <p>Christian Value: Endurance</p>	<p>How can we manage risk in different places?</p> <p>Christian Value: Trust</p>
Y5/6	<p>What makes up our identity? How do we change as we grow?</p> <p>Christian Value: Trust</p>	<p>How can friends communicate safely?</p> <p>Christian Value: Friendship</p>	<p>How can the media influence people?</p> <p>Christian Value: Justice</p>		<p>How do friendships change as we grow?</p> <p>Christian Value: Hope</p>	<p>What job would I like in the future?</p> <p>Christian Value: Endurance</p>